



*First-St Andrew's*  
UNITED CHURCH



350 Queens Avenue  
London, Ontario, N6B 1X6

... an inclusive Christian family, encouraging spiritual growth  
through worship, friendship, learning and action.

# 2020 Program Guide

519-679-8182  
[www.fsaunited.com](http://www.fsaunited.com)  
[mail@fsaunited.com](mailto:mail@fsaunited.com)



## Worship

### **Sunday Services**

Our regular Sunday services are held in the sanctuary at 10:30am from September through June. Over the summer months, we move to the cooler Proudfoot Hall for worship. In addition, we love to honour the beauty of our natural world by worshiping outside on the lawn for some special Sundays in the summer. Please join us outside for The Blessing of the Animals in early July, and our annual Pride Service followed by a Pride Parade Picnic to help us celebrate diversity in London. For more information about our upcoming services, please see our website (<http://fsaunited.com>) or the printed calendar in the Atrium.

### **Sunday School (JK-Grade 8)**

Children begin Sunday morning worship in the sanctuary with their families before coming downstairs for BIG CIRCLE time to share the morning theme. After this, we divide children into appropriate age groups where we will explore our bible story in greater detail. Our curriculum uses a rotational model which allows children to explore through a variety of learning media such as computer, cooking, music, drama, science & games.

### **Nursery**

A supervised, safe & cheery nursery for infants to age 4 is open on Sundays from 10:00am to 12:00pm.

### **New Membership**

Persons interested in joining FSA by transfer of membership or profession of faith are invited to contact Rev. Michelle Down through the church office at 519-679-8182.

### **Baptism**

Those wishing the sacrament of Baptism or to have their children baptized are invited to speak with Rev. Michelle Down (519-679-8182)

### **Participation Sunday Morning**

Would you be interested in being a part of our Sunday Morning Worship Service? We would welcome you with open arms! There are several roles available each week for: Welcoming Greeters, Candle Lighters, Scripture Readers, Communion Servers and Lay Liturgists. Or perhaps you'd like to help out by serving coffee downstairs after the service at Coffee & Conversation? Please leave your name and contact information with the church office (519-679-8182) and we will relay your interest to the appropriate co-ordinator.

## Adult Ministry

### **Bible Study**

Feeling awkward about not knowing your Jezebel from your Jehosephat? Wonder where it says "blessed are the peacemakers" in the Bible? Want to join with others to prepare for the Sunday morning worship by reading and discussing the lectionary selections? We've got the solution! Join a Bible Study. We aren't experts in the Bible—rather seekers, trying to hear God's voice for today in these ancient texts. Choose from Thursday Morning 10:00 am–11:30 am with Rev. Michelle Down or Sunday Morning 9:00 am–10:00 am (just before Sunday Worship Service) with Jo Ann Silcox. Drop in, have a coffee and join the conversation!

### **Book Club**

The FSA Book Club, a very informal gathering of bibliophiles who discuss books based on their thought-provoking and spiritual values. We meet every month, except during the summer, usually on Tuesday evenings. Dates and the name of the next book(s) to be discussed can be found in the email blast (This Week at FSA) in the Bulletin Insert, and in our Atrium slide show anytime.

## **FSA Film Night**

Once a month (except during the summer) on a Wednesday evening in the Chapel we show a film, eat some popcorn, and then reflect and talk about what we've seen using the lens of what we stand for within the world of Christianity. Check the email blast (This Week at FSA), the Bulletin Insert, and our Atrium slide show to find out the date and title of the next film or read about the film on the church posters.

## **Library**

Our church library has something for everybody including, of course, inspiring books and movies for all ages as well as church-based periodicals – all available for your use on an honour system. Come in and check us out!

## **Pastoral Care**

If you feel in need of Pastoral Care, we offer the services of a Pastoral Care Minister as well as a Lay Visitation team, Caring Callers, Healing Prayer Stations at Communion services and a Prayer Chain. To access these services please reach out in confidence to Kathryn Skelly in the main office at 519-679-8182 who will direct your request to the appropriate team.

### **Care-for-the-Caregivers**

Do you provide care for another, either personally or professionally? Perhaps you would benefit from the support of others who share this most important role. Care-for-the-Caregivers is a support group which meets in the church on the fourth Monday of the month from 7-9:30pm. For more information, contact Jo Ann Silcox.

## **Music**

### **The Senior Choir**

Our Senior Choir sings weekly at the 10:30am Sunday service and in the Music at First-St. Andrew's series outreach concerts. Rehearsals are Thursday evenings from 7:30-9:30pm. Some music-reading ability and prior choral experience would be helpful, and regular commitment is essential. Contact the church office (519-679-8182).

### **The Laudamus Bells**

Our Laudamus Bell Choir is a friendly group of musicians who rehearse Friday afternoons from 1:30-3:30pm and play in services about once a month. New members are welcome. Prerequisites include an ability to read music, and knowledge of music to approximately the grade 6 level. Specific training on the bells is provided. Contact the church office.

### **The Children's Choirs**

Our children's choirs rehearse on Wednesdays at 5:45 pm. The Junior Joyfuls range from 4 to 8 years of age, while older children can join the Joyful Singers from grade 3 to grade 8. We also offer these older children the opportunity to learn the art of handbell ringing with the Joyful Ringers, who rehearse on Wednesdays from 6:30-7:15pm.

### **The First-St. Andrew's Strings**

The FSA Strings is an accomplished performing group that has enjoyed increased exposure over the past years. If you are, or have been, an active string player and are from high-school age through seniors, and wish to play with our group, please leave your phone number and email address with the church office (519-679-8182) for conductor, Igor Saika-Voivod.

### **The Concert Series**

First-St. Andrew's is committed to musical outreach in the London area through year-round concert activity made possible through the generous support of the Friends of Music. Please see our 2019-2020 brochure for this season's details.

## Family, Friendship and Social Action

### **Environmental Stewardship Coalition**

The Environmental Stewardship Coalition was created after the City of London declared a climate emergency. The focus of the group is to bring together people and groups from across the city to educate and advocate for greater action to reduce greenhouse gas emissions. This group seeks tangible ways to be better stewards of the Earth and ensure a livable planet for the next generation. The group publishes a weekly environmental tip and meets the third Monday of every month.

### **Comfort Quilts**

The Comfort Quilts group creates quilts for Project Linus. This is an organization which supplies quilts to children who are experiencing difficulties in their lives, whether it be from medical procedures, fire or domestic violence. We are a group of people with varying quilting skills. Some of us are beginners, and some have been quilting for a while. We are very happy to have new members join us on the first non-holiday Monday of the month from about 9:30am to 2:00pm. Bring a lunch and sewing equipment.

### **Isabel Getliffe Sewing Group**

The sewing group meets Wednesdays from 9:30am–2:00pm from spring until the bazaar in November. Everyone who is interested in doing hand and machine sewing, cutting and stuffing is welcome. Bring a lunch—coffee is provided.

### **KnitWits**

This friendly group of beginning and experienced knitters meets on the second Tuesday of each month from 1:30–3:00pm in the parlour. Projects include knitting warm articles of clothing for adults and children in the London community, and prayer shawls for those in emotional or physical crisis. We welcome all who enjoy knitting or anyone who would like to learn.

### **Men's Brown Bag Lunch**

Every Wednesday, 12:00-1:00pm, resuming in September, a group of men meet in the parlour to talk as they eat their bagged lunch. What do they talk about? Sports, politics (carefully), our work (and play) and religion.

### **Sing for Your Supper**

This is a community meal before the children's choirs on Wednesday evenings during the school year. All are welcome to join us for lots of fun and food before singing. The main course is provided, and families rotate bringing dessert and drinks. Supper is served from 5:15pm to 5:40pm with the children's choirs beginning at 5:45pm. You are welcome even if you are not going to sing afterwards.

### **United Church Women (UCW)**

The purpose of the UCW is to unite women of the congregation for the total mission of the church and to provide a medium through which they may express their loyalty and devotion to Jesus Christ in Christian witness, study, fellowship and service. For more information please contact Laurel Kenney through the church office at 519-679-8182.